

Course Evaluation

Date: _____

Your input will help us improve this course. Answer the questions honestly and completely. Please mark only one answer per question. Place a check in the appropriate box.

1. Your gender
 - Male
 - Female
2. Your age
 - 15-19
 - 20-29
 - 30-39
 - 40-49
 - 50-59
 - 60+
3. Your ethnicity
 - African-American
 - American Indian
 - Asian/Pacific Islander
 - Hispanic/Latino
 - White/Caucasian
 - Other
4. Overall, how would you rate this course?
 - Excellent
 - Good
 - Average
 - Poor
5. How useful was the Participant Journal(s) in helping you meet your goals for the course?
 - Very useful
 - Useful
 - Not useful
6. How useful was the homework in helping you meet your goals for the course?
 - Very useful
 - Useful
 - Not useful
 - Not applicable
7. How useful were the strategies and goal setting activities in helping you meet your goals for the course?
 - Very useful
 - Useful
 - Not useful
8. How useful were the class discussions in helping you meet your goals for the course?
 - Very useful
 - Useful
 - Not useful
9. How useful were the small group activities in helping you meet your goals for the course?
 - Very useful
 - Useful
 - Not useful
10. How would you rate your facilitator in the area of being prepared?
 - Excellent
 - Good
 - Average
 - Poor

11. How would you rate your facilitator in the area of making participants feel comfortable?
- Excellent
 - Good
 - Average
 - Poor
12. How would you rate your facilitator in the area of involving everyone in discussion?
- Excellent
 - Good
 - Average
 - Poor
13. How would you rate your facilitator in the area of explaining the material clearly?
- Excellent
 - Good
 - Average
 - Poor
14. How would you rate your facilitator in terms of overall quality?
- Excellent
 - Good
 - Average
 - Poor
15. How valuable was the course material in helping you change your behavior?
- Very valuable
 - Valuable
 - Not at all valuable
16. How much did you learn from the course?
- I learned a lot
 - I learned a little bit
 - I learned nothing
17. How useful do you think the course information will be to you in the future?
- Very useful
 - Useful
 - Not at all useful
18. Have you or will you share your Participant Journal(s) with anyone outside the class?
- I have
 - I will
 - I will not
19. Will you keep your Participant Journal(s) after the course ends?
- Yes
 - No
20. Do you feel this course helped you make a change in your behavior?
- Yes
 - No

Write your responses to the following three questions below.

21. The thing I liked best about this course is... _____

22. The thing I liked least about this course is... _____

23. How would you describe this course to a friend? _____
